

**Outreach Center**  
**Westminster Presbyterian Church**  
**Food Ministry**

3819 Central Avenue  
 Hot Springs, AR 71913  
 www.wpchotsprings.com  
 (501)525-1367

Contact: Eric Taylor (501)276-1654  
 Leslie Taylor (501)282-2830

**February 2012 MENU**



www.midamericafoods.com  
 855-832-7238

**(Reg) Family Meal Box \$29.00**

- 6-4oz. Boneless Center Cut Pork Chops
- 1.5 Tyson Boneless Chicken Breast Tenderloins
- 2-16 oz. Premium #1 Bone in Ham Steaks
- 1 lb. 80/20 Ground Beef
- 1 lb. All beef meatballs
- 1 lb. 99% Shady Brook Farms Lean Ground Turkey Breast
- 1 lb. Premium Vegetable Blend or Broccoli Florets
- 1 lb. Ready to Bake Breaded Fish Filets (Flounder or Tilapia)
- 1 lb. IQF Whole Berries or IQF Peaches

**1. Suppertime Premium Entrees \$24.00 (8 - 16 oz)**

- \*Cheese Ravioli with Meat Sauce
- \*Manicotti with Marinara Sauce
- \*Baked Ziti with Meat Sauce and Mozzarella Cheese
- \*Grilled Chicken with Tomato Basil Sauce and Penne Pasta
- \*Grilled Chicken Breast Alfredo with Penne Pasta & Broccoli Florets
- \*Turkey Breast with Mashed Potato, Super Sweet Corn and Turkey Gravy
- \*Southern Fried Chicken Breast with Mashed Potatoes & California Blend Mixed Vegetables
- \*Sausage Breakfast Skillet Meal, with Potatoes and Red and Green Peppers

*See back of menu for additional food items and ORDER FORM*

**Food not picked up on the stated distribution date and time will be Donated!**

**Outreach Center**  
**ORDER DATES AND LOCATIONS:**

**Boys & Girls Club:** Thursday 16th  
 109 W Belding 9:30 am—11:00 am

**Westminster Presbyterian:** Saturday 18th  
 8:30 am—10:30 am

**3 WAYS TO ORDER:**

- + Local Outreach Center by Cash or Check
  - + www.midamericafoods.com
  - + Call 855-832-7238 to order by Visa, Mastercard
- Payment must be made at the time the order is placed.**  
 \$0.50 charge per box for online order processing fee

**DISTRIBUTION:**

**Saturday, Feb. 25, 2012**  
 9:00—10:00 am

**Westminster Presbyterian Church**  
**Food Ministry Outreach Center**

Mid America Foods reserves the right to substitute any of the above items due to availability, cost and quality.

# February 2012 MENU

Distribution: *Saturday, Feb. 25*  
9:00—10:00 am

**Westminster Presbyterian Church**

## 2. Select Box \$17.00

- 4-4 oz. Boneless Pork chops
- 1.5 Tyson Boneless Chicken Breast Tenderloins
- 1 lb. 80/20 ground beef
- 1 lb. 99% Shady Brook Farms Lean Ground Turkey Breast
- 1-16 oz. Premium #1 Bone in Ham Steaks

## 3. Fruit & Veggie Box \$15.00

- 1 lb. Broccoli, Corn and Red Pepper Blend
- 1 lb. Oriental Blend
- 1 lb. Super Sweet Corn
- 1 lb. Green Beans
- 1 lb. IQF Sliced Peaches
- 1 lb. IQF Whole Strawberries
- 12 oz. IQF Raspberries

## 4. 10 lb. Boneless Skinless Chicken \$20.00

## NEWS CENTER

Same people, same location, different food source. *Mid America Foods* helping you stretch your food dollar. Restaurant quality food at discounted prices.

**Limited Quantity Boxes  
may be available on-line**

*Purchase for yourself or donate to a  
needy family!*

## 5. USDA Choice Sirloin Steak Box \$22.00

- 4-5 oz. Bacon Wrapped Choice Sirloin Steaks
- 6-5 oz. Choice Sirloin Steaks

## 6. Seafood Box \$21.00

- 1 lb. Large Ready to Bake Tail-On Shrimp (20-30 Count)
- 1 lb. Tilapia Stuffed with Cheese and Spinach (4-4 oz. pkg.)
- 1 lb. IQF Pollack Filets
- 17 oz. Breaded Lemon Pepper Tilapia Filets
- 1 lb. Haddock Filets (4-4 oz.)

## 7. Mama Rosa Sausage Pizza Grillers \$17.00 (10-13 oz.)

Cut Here -----

Name \_\_\_\_\_ Phone(s) \_\_\_\_\_

Address \_\_\_\_\_ e-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

(Reg)Family Meal Box.....	X	\$29.00 = \$ _____
1. Suppertime Premium Entrees .....	X	\$24.00 = \$ _____
2. Select Box .....	X	\$17.00 = \$ _____
3. Fruit & Veggie Box.....	X	\$15.00 = \$ _____
4. Boneless Skinless Chicken.....	X	\$20.00 = \$ _____
5. USDA Choice Sirloin Steak Box.....	X	\$22.00 = \$ _____
6. Seafood Box .....	X	\$21.00 = \$ _____
7. Mama Rosa Sausage Pizza Grillers.....	X	\$17.00 = \$ _____

INTERNAL USE ONLY

AGENT: \_\_\_\_\_

DATE: \_\_\_\_\_

**We accept CASH or CHECK**  
*Payable to Mid America Food*

**TOTAL \$** \_\_\_\_\_

*cash or check #* \_\_\_\_\_